We have already indicated on many occasions and we will not tire of reminding you that the construction sector is one of those with the greatest risks for its workers. This is due to the very characteristics of the work to be carried out on a construction site. Among these risks, perhaps one of the most obvious is that of falling both at the same level and at a different level.

Between both types of falls, falls at different levels are the ones that produce the most victims and, therefore, to which special attention must be paid.

Why do accidents occur due to falls from different heights?

On many occasions, falls from heights occur because work is carried out without proper safety planning, because both collective and individual protection systems are not used, because safety materials are in poor condition and have not been properly checked or because there is a lack of safety training among the operators.

Whatever the cause, falls are a very important problem fundamentally because they directly and seriously affect injured workers, often endangering their lives, but it is also a problem that entails social costs, productivity problems , etc.

Falls from height: factors to consider

Some factors to keep in mind about falls from height:

Occupational accidents that occur due to falls at different levels are one of the main causes of occupational accidents and it must also be taken into account that this type of accident usually has serious or very serious consequences and even causes the death of the worker.
A large part of these accidents occur at “small” heights of between 2 and 5 meters.
Workers always have to exercise extreme caution even when we talk about those “small” heights, since on many occasions, not having the feeling that they are working at a dangerous height, they do not use the necessary protection systems and then suffer the consequences of a fall.
From Visornets we always advocate at least compliance with current legislation. In this sense,

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the law prioritizes collective protections over individual protections, although it is important to use all available means to guarantee the integrity of construction workers.

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